

Partners



eyes of light



G&M Projects

All that matters

Together, these organizations unite advocacy, artistic, and psychological expertise for a comprehensive approach to survivorship care.

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SNAPSHOT

**SUPPORTIVE NETWORK
FOR OPTIMIZING
CANCER SURVIVORSHIP
THROUGH PHOTOGRAPHY**



**Funded by
the European Union**



KEY ACTIVITIES

- Development of a therapeutic photography curriculum
- Workshops in Greece and online
- Capacity-building event in Belgium with expert speakers
- Dissemination through conferences, publications, and online platforms
- A final public exhibition showcasing participants' creative journeys

Get involved and learn more:

 www.thesnapshotproject.eu

Funded by Erasmus+ | KA210-ADU: Small-scale Partnerships in Adult Education

Duration: Dec 2024 – Feb 2026

WHO CAN BENEFIT

Direct Participants:

- Adults (18+) with cancer experience: in remission, undergoing treatment, or managing cancer as a chronic condition

Indirect Beneficiaries:

- Healthcare professionals
- Mental health experts
- Artists and art therapists
- Patient advocacy groups
- Policymakers & public health stakeholders



WHY PHOTOGRAPHY

Therapeutic photography allows individuals to:

- Express emotions that are hard to verbalize
- Regain a sense of identity and control
- Reduce anxiety, depression, fatigue, and isolation
- Build resilience and enhance social connectedness

ABOUT THE PROJECT

SNAPSHOT is a European Erasmus+ initiative that aims to improve the emotional well-being and quality of life (QoL) of cancer survivors and patients through the therapeutic power of photography. By combining art therapy, mental health support, and social reintegration, SNAPSHOT empowers individuals to express their experiences, foster healing, and build lasting social connections.

PROJECT OBJECTIVES

- Develop a science-based therapeutic photography methodology tailored to cancer survivors
- Conduct pilot interventions, both in-person and online
- Assess the impact using qualitative and quantitative research
- Create a scalable model for wider use in healthcare and community settings
- Raise awareness about art therapy in social prescribing policies across the EU

Erasmus+
Enriching lives, opening minds.